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Drumlish & Ballinamuck Parish Newsletter



Let today be the day you give up who you've been for who you can become

Seventh Sunday of Ordinary Time Year A - 23rd February 2020

Mass Intentions—St. Mary's Drumlish

Sat 8.00: Hugh/Mary Kate Collum, Barragmore
Mon 9.30: Misa Pro Populo
Wed 11.00 a.m. & 8 p.m. Ash Wednesday
Sat 8.00: Frank/Mary Theresa McCann
Sun 11.00: Frankie/Monica Mulleady

Mass Intentions—St. Patrick's Ballinamuck

Sun 10.00: Mary/Dan McLoughlin
Wed 7.00 p.m. Ash Wednesday
Sun 10.00: Mary Duffy & Maureen Dooley & Duffy/Flanagan Dfm

Ministries—St. Mary's Drumlish

Readers Sat: Kathleen Kelleher
Sun: First Communion Parents
Communion Sat: Kathleen Gill
Sun: Marian McNally

Ministries—St. Patrick's Ballinamuck

Readers Sun: First Communion Parents
Communion Sun: Ryan McGee

Money Matters

Offertory €1,040, Dues €25, Shrine €475. Thank you for your continued support.

7th Sunday in Ordinary Time



Love your enemies,
do good to those who hate you.

Live in such a way,
that if someone
spoke badly of you
no-one
would
believe
it.

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- **St Patrick's NS Ballinamuck:** Enrolment for new Junior Infants for September 2020 will take place from 24th January to Friday 20th March 2020. Application forms can be obtained from school by email ballinamuckschool@gmail.com or from the office 043 3324063 (9.30am to 1.30pm)
- **Drumlish Tidy Town's** appeal to those who have footpath frontage to their homes and business to give a hand this year to powerwash their space. Tidy Town's resources are very limited, so it will not be possible to powerwash everywhere. Speak to committee members who might be able to support you with this. New helpers welcome!
- **AGM of Drumlish Ballinamuck Area Development** CLG takes place on Tues. 25th February in the DB Men's Shed at 8.30p.m. This team is a conduit for larger tranches of funding than those available to community groups - it is in everyone's interest to support.
- **Fun Food & Health Project** coming this March to the Attic House run by Foróige. It is an interactive 6 week programme for young people aged 13+years and will start on the 3rd March at 4.30pm-6.30pm. Cost is €30 for the complete 6 weeks. Limited spaces available and Registration is a must. Contact 0860144832 or email Cyril.reilly@foroige.ie
- **Drumlish Cemetery AGM** in the D/B Men's Shed on Friday 28th Feb at 9pm. All are welcome to attend re information.
- **DB Mens Shed seven week computer course** commencing Monday 2nd March to Mon 6th April from 7 to 9. Beginners and non members welcome.
- **Friday 28th February is a Day of Prayer for Victims and Survivors of Abuse.** A Candle of Atonement will be lit in St Mel's Cathedral, Longford, at 10.00am Mass on Fri. 28th February.
- **Silent Retreat** preached by Fr. Kilian Byrne at Esker Retreat Centre, Athenry, Galway from April 13th to April 19th. Cost €380 full board. Contact Helen at 0861678027 or hellywilliams@gmail.com. The theme is: *'If you but knew the gift of God.'*

- **Irish Blood Transfusion Service** visits Longford Arms Hotel from Tuesday 25th to Thursday 27 Feb. from 4.30 to 8 p.m. Help us to help others.
- **6 weeks of gentle yoga** at the Drumlish Community Centre starting on February 25th and will run each Tuesday evening 8-9pm. €50 for 6 weeks.
- **The next Alzheimer cafe** will take place on Wed. next 26th February at 7.00 pm. in our new venue, The Attic, Ballinalee Road, Longford. Contact Eileen or Breda on 085 8724475.
- **Day of Prayer for Victims & Survivors of Abuse** on Friday 28th February - a Candle of Atonement will be lit in St Mel's Cathedral, Longford, at 10.00am Mass on Friday 28th February.



- Next Wednesday is Ash Wednesday, the beginning of Lent. Masses in Drumlish at 11.00 am and 8 p.m. Mass in Ballinamuck at 7.00 pm. Ashes will be blessed and distributed at all three Masses.
- There will be one hour's reflection each Thursdays during Lent in the Parochial House Drumlish at 8 p.m. reflecting on the following Sunday's Gospel. Come along and share.
- This Sunday (Feb 23rd) is Temperance Sunday. During Lent Temperance and moderation is encouraged re: drink, food, entertainment or other areas of over indulgence. Make positive use of this time.
- Trócaire Boxes are available for pick up at the back of the Churches. During Lent 2020 Trócaire tells the stories of Madris in Kenya and Angela in Honduras as a way to celebrate the strength of women all over the world who are overcoming the odds to protect and provide for their families. Please take home a Box, place it where it can be seen and give what you can to support these brave women.

Temperance Sunday

Alcohol, when used in moderation, can be good but we must remember that alcohol is also the number one drug in our country. Consider these facts:

- Alcohol is a drug, and a drug changes the way the body works. It affects the mind, the body and emotions. Alcohol is a depressant.
- Alcohol affects every single person in Ireland today. We cannot deny this when we consider:
- One in three deaths on the road are alcohol related
- One in four of the most serious domestic abuse cases involve alcohol.
- One in four A&E admissions are alcohol related (Alcohol Action Ireland 2008).



What to Give Up...

- Give up complaining—focus on Gratitude
- Give up pessimism—become an Optimist
- Give up worry—trust Divine Providence
- Give up bitterness—turn to Forgiveness
- Give up hatred—return Good for evil
- Give up negativism—be Positive
- Give up anger—be More Patient
- Give up pettiness—become Mature
- Give up gloom—enjoy the Beauty all around
- Give up jealousy—pray for Trust
- Give up gossiping—control your Tongue
- Give up sin—turn to Virtue
- Give up giving up—Hang in there?