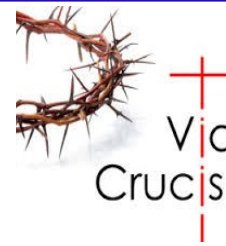


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Fourth Sunday of Lent Year A - 22nd March 2020

Spiritual Communion

The tradition of Spiritual Communion, whereby those who cannot directly receive the Eucharist, can by their desire to receive it, also gain its benefits. Although unable to receive the Eucharist in person we are not separated from it, but drawn into a deeper appreciation and desire for its grace, which continue to poured out to each of us.

Act of Spiritual Communion

“My Jesus, I believe that You are present in the Most Blessed Sacrament. I love You above all things and I desire to receive You into my soul. Since I cannot now receive You sacramentally, come at least spiritually into my heart. I embrace You as if You have already come, and unite myself wholly to You. Never permit me to be separated from You. Amen”

Memorare

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to your protection, implored your help, or sought your intercession was left unaided.
Inspired with this confidence, I fly to you, O Virgin of virgins, my Mother.
To you I come, before you I stand, sinful and sorrowful.
O Mother of the Word Incarnate, despise not my petitions, but in your mercy, hear and answer. Amen.



- **All Mass intentions** which have been booked over the next weeks have been deferred and may be re booked at a later date, if and when the situation changes.
- **Readers and Ministers of Holy Communion** will be alerted also when the situation changes.
- **Offertory Envelopes** for the upkeep of Parish Property and the Dues Envelopes for the upkeep of the priests of the parish can be held over or dropped into the Parochial House Drumlish whenever you are passing by. Thank you for your understanding.
- **The Parish Newsletter** will continue to be published with copies available in both Churches, in the local shops and on the parish web: drumlishparish.ie.
- **COVID-19 Support Line for Older People:** ALONE has launched a national support line and additional supports for older people who have concerns or are facing difficulties relating to the outbreak of COVID-19 (Coronavirus). Professional staff are available to answer queries and give advice and reassurance where necessary. The support line is open Monday to Friday, 8am-8pm, by calling 0818 222 024. Hours may be extended to meet the demand.
- **Alzheimer Society Events Cancellations:** Based on HSE advice on the protection of vulnerable people and to keep our staff and volunteers safe, The Alzheimer Society of Ireland have decided to postpone all Alzheimer Cafe and Social Club meetings until further notice. We regret any inconvenience this may cause.

GO AND WASH



IN THE POOL OF SILOAM

Mass Broadcasts

- † Mass will be available by webcam at St. Mel’s Cathedral www.longfordparish.com each day— 8am, 10am, 1.05pm weekday 7.30pm Saturday; 8am, 10am, 11.30am and 1.00 pm Sundays.
- † RTE will air Masses every weekday at 10.30am from St. Eunan’s and St. Columba’s Cathedral, Letterkenny on RTE News Now which can be accessed on Saorview (channel 21), Sky (521), Virgin Media (200), Eir (517).
- † RADIO MARIA IRELAND is an Irish-run Catholic Talk-Radio Station. Prayer, Catechesis, Uplifting music, Talks, Interviews and Testimonies – all commercial free – Listen via TV on Saorview - Channel 210 and Freeview - Channel 826; Download our FREE APP - “RADIO MARIA IRELAND”, streaming on www.radiomaria.ie
- † St. Mary’s Church Drumlish remains open every day for those who wish to drop in to offer a prayer. The heating will be on from 10.30 to 12.30 each day. You can pray the Rosary, Stations of the Cross, or just sit in silence and let the Lord Jesus speak quietly into your heart; you are encouraged to continue to pray at home with your family and especially for those who are sick and those who care for them.

Worth a Thought!



Isn’t it ironic, at this crisis time, when we are constantly urging people to ‘wash their hands’ that Jesus in today’s Gospel urges the blind man to “Go and wash in the Pool of Siloam. So the blind man went off and washed himself, and came away with his sight restored”Jesus heard that they had driven him away, and when he found him he said to him, “Do you believe in the Son of Man?” “Sir” the man replied, “tell me who he is so that I may believe in him.”The man said, “Lord, I believe”, and worshipped him.
Do we all need to wash, not only our hands but also our eyes, ears and hearts and pray for renewal and healing? Prayer is the Power of God.

Diocesan Regulations Updates

- Because of the requirements that indoor gatherings of more than 100 people be avoided, and the difficulties that may arise in achieving this, and always mindful of public safety and those with underlying medical conditions, the following arrangements are to be followed in all parishes:
- ✠ Because of the emergency situation, all parishioners are dispensed from the obligation to physically attend Sunday Mass.
 - ✠ Be assured that priests will continue to celebrate Mass privately and pray for the needs of their parishioners.
 - ✠ All non-essential pastoral gatherings and meetings, such as formation gatherings, retreats and seminars are cancelled.
 - ✠ All Confirmations are postponed until further notice.
 - ✠ Every Catholic is entitled to a dignified Christian burial. Attendance at Funeral services and Masses should be limited to close relatives and must not exceed 100 attendees within the Church building.
 - ✠ Similarly, Church weddings and baptisms may be celebrated on condition that the attendance in Church does not exceed 100 people.
 - ✠ In these difficult and uncertain times, people find strength, consolation and hope in prayer. Churches should remain open for prayer each day.

GOD NEVER SENDS YOU INTO A SITUATION ALONE. GOD GOES BEFORE YOU. HE STANDS BESIDE YOU. HE WALKS BEHIND YOU.

WHATEVER SITUATION YOU HAVE RIGHT NOW, BE CONFIDENT.

GOD IS WITH YOU!

